



ARUN YOUTH AQUA CENTRE GUIDELINE

REF	G05	PAGE 1 of 2
TITLE	ACCESS TO AND FROM THE BEACH	
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APPROVED BY	R. Elliman	Chairman Management Committee
SIGNATURE		

1. PURPOSE

This guideline responds to the AYAC Risk Assessment Co-ordinating document regarding the pulling of dinghies and safety boats to and from the shore.

2. SCOPE

The guideline covers the following activities:-

- i. Positioning and securing the dinghy to a launching trolley.
- ii. Negotiating Hendon Avenue and crossing Sea Road.
- iii. Moving dinghies and safety boats up and down beach ramp.

This guideline does not cover the use of the winch located on the beach (Ref. G. 09). Additional guidelines apply when the tractor is used for the movement of safety boats (Ref. G. 08).

3. DEFINITIONS

Crew All personnel in the dinghy for the duration of the session.

4. RESPONSIBILITIES

The Management Committee will ensure that the Instructor responsible for any sailing activity is aware of this guideline.

The Senior Instructor's are responsible for ensuring that all members, temporary members, adult helpers are aware of the principles contained within this guideline and where appropriate are shown the correct way of carrying out the activity.

5. GUIDELINE

1. It is essential that whilst identifying the crew for the dinghy for the session consideration is taken of the size and likely strength of the crew and if necessary assistance for moving the dinghies is provided from amongst the personnel present. Due recognition must be taken of the state of the tide at the beginning and the end of the session.
2. All dinghies have a purpose built trolley and all Crew must be shown which trolley is appropriate for which dinghy, the location on the trolley for best balance and the means by which the dinghy must be secured to the trolley.



G05

5th MAY 2007

ACCESS TO AND FROM THE
BEACH

Page 2 of 2

3. Hendon Avenue is on a slope up to Sea Road with motor vehicles generally parked on the west side, being a no through road, traffic is generally slow moving and light, and normal observance of road sense should be observed. Care should be taken of parked vehicles on the west side especially when manoeuvring through the entrance's to the Centre's compound.
4. Sea Road is a busy road and appropriate measures must be taken to ensure the safety of the Crews pulling dinghies across the road. An adult equipped with a high visibility jacket must be given the task at the start of the session to see the Crew's across (ref. G. 04). At the end of the session, and if a member comes ashore early, an instructor or adult helper must be present on the promenade to see the Crew/s safely across back to Hendon Avenue.
5. Dependant on the beach profile from season to season, (day to day at times of stormy weather!) the AYAC ramp will have a relatively steep section > 10% incline. All crew and Adult Helpers must be told of the necessity to reverse the direction of the dinghy or safety boat and to push stern first down the ramp.

6. REFERENCES

RYA Junior Stage 1 & 2 and Adult scheme Level 1 syllabi.